

This is Our ISAGENIX Weight Loss Story



Hi! We are JoAnn and Mike Schell from Sumner, Washington. Let us tell you - timing is everything. Someone had e-mailed this picture of us taken in January 2004 at about the same time as a friend wanted to 'share their experience' with Isagenix. We obviously did not like what we saw when we received the e-mail, so said, "Let's do it."

JoAnn lost 78 pounds and 88 inches. Mike lost 70 pounds and 43 inches. And what a change in lifestyle.

JOANN - I have had a problem with weight my whole life. When I was very little, I had all kinds of food allergies, and at about age 6 they seemed to disappear. From then on, it was a battle, because I could eat everything - and I think I did. I even remember using Metrecal when I was a kid after I put on weight. And of course I have done a good share of the 'diet' plans, only to backslide.

A few years back I was diagnosed with Type 2 diabetes - brought on by weight. My doctor told me I really needed to lose weight and if I didn't, my life would be considerably shortened.

Four years ago, at a weight of 284, I joined TOPS (Take Off Pounds Sensibly) and immediately lost 10 pounds. Well, I yo-yo'd with that weight, did make some new friends, and enjoyed our Monday evening social time, but that was about it.

Then a friend introduced us to Isagenix. It is the most exciting weight loss plan I have every undertaken. I am no longer taking any medication for my diabetes, and my doctor says my blood sugar levels are no longer in diabetic range. Boy, I wish I had taken the bull by the horns before!!

I can once again get down on the ground - and get back up by myself. My aches and all discomfort have gone away, and I feel like a whole new person. I can assure you that I look like a new person and **it is great having people stop and ask "What are you doing? You look wonderful."** And I have been told **I look so much younger - what woman doesn't like to hear that?**

I have about 40 more pounds to lose - and I will get there. I have no doubt. My one and only nephew is getting married in a few months and I plan to be really close by then.

MIKE - I, too, have had a weight problem as long as I can remember. It became severe when I was having trouble with arthritis and was put on medications that contributed to more weight gain. I got to the point where I had to give up activities that I really enjoyed because of my weight and joint pain.

When our friend introduced Isagenix to us, he did so because of the relief he received for his stiffness, aches and discomfort. I was willing to try it. To my surprise, after a 9-day Isagenix Cleanse, I noticed a reduction in swelling of my joints. After a few more weeks on Isagenix, I was waking up in the morning able to get out of bed without the stiffness and aches that I had assumed I would have the rest of my life. After losing about 45 pounds, I was able to discontinue taking 2 medications that the rheumatologist had told me I would take the rest of my life. I also was able to stop my blood pressure and cholesterol medication with my Doctor's blessing.

After a 70 pound loss - I feel like a whole new person. I ENJOY exercising, working outside, running and playing with my dog and getting a restful night's sleep.

And what a surprise ~ as **this has taken off as a business opportunity because we wear our product.** Plus, it is so rewarding to help other people help themselves. WE LOVE ISAGENIX !

Results may vary. The average weight loss in a recent study was 7 pounds. As with any health or fitness program, a sensible eating plan and regular exercise are required in order to achieve long-term weight loss results. The testimonials featured in this website reflect the actual results experienced by these users. All persons' testimonials on this site have used the Isagenix System, are affiliated with the Program and have voluntarily agreed to have their testimonial on this site. Your results may be greater than, or less than, those depicted and can be influenced by other factors, including your metabolic rate, energy expenditure, and other dietary factors.